

International Knowledge Exchange Whakawhiti Matauranga o te Ao Échange International de Connaissances 国際知識交流



Throughout October 2023
Free Virtual Events

FOR MORE INFORMATION PLEASE EMAIL: PRESIDENT@DIVERSIONALTHERAPY.NET.NZ

Join us during October for presentations
about Therapeutic Recreation on a
Global Scale

#IKE2023
#VirtualTherapeuticRecreation
#GlobalLeaders



International Knowledge Exchange Summary

Recreation is a fundamental human right! Empowering and offering support to individuals facing various challenges, whether they are social, physical, emotional, cognitive, or spiritual, through recreational and leisure activities can yield profound results. Participating in engaging and meaningful pastimes can aid in the development of skills, elevate one's mood, enhance the quality of life, and foster stronger social connections. Recreation contributes positively to overall well-being and has a beneficial impact on people of diverse ages, cultural backgrounds, and varying abilities.

To drive transformation in healthcare and the culture of care, leading organizations in Japan, Australia, the United States, Canada, New Zealand, and the United Kingdom, responsible for Recreational Therapy, Diversional Therapy, or Activity provision, have united for the second time. The International Knowledge Exchange aims to share our collective journey from different areas around the globe, with a shared mission of raising awareness about the profession and the impact of our work.

Join us throughout October 2023 from the 11th – 31st for various presentations from around the world on a variety of topics to understand how the recreational therapy profession is studied and operationalised in different countries.

Important Notes:

- Sessions will be recorded
- Recording and slides will be shared at a later day by each organisation
- Format for each individual presentations will be Zoom Webinar
- Format for the global panel will be a Zoom Meeting
- Spaces are limited to 500 participants on each day
- A Generic Certificate of attendance will be available for those attending the Live Sessions

For more information, please email president@diversionaltherapy.net.nz

Organisation	Host and Presenter	Day	Time	Topic
CTRA Canadian Therapeutic Recreation Association	Presenter: Lauren Cripps Host: Glenn Skimming	Tuesday 10 th October	3:00 – 4:00 pm – MDT Canada	The New Canadian RT Standards of Practice
ARTA Australian Recreational Therapy Association	Presenter: Kate Noble Host: Renee Smith	Thursday 12 th October	7:00 – 7:30 am – AEDT	Palliative Care in Recreational Therapy: An Australian perspective
ARTA Australian Recreational Therapy Association	Presenter: Kylie Rice Host: Renee Smith	Friday 13 th October	7:00 – 7:30 am AEDT	Mental Health in Australia
NZSDRT New Zealand Society of Diversional and Recreational Therapy	Presenter: AJ Aledron Host: Orquidea Tamayo Mortera	Monday 16 th October	12:00 – 1:00 pm NZDT	Visual Brain Stimulation
NAAP National Association of Activity Professionals	Presenter: Hayley Moseley Host: Colleen Knudson	Monday 18 th October	12:00 – 1:00 pm CST	What's Really Important? A dissertation Summary
ATRA American Therapeutic Recreation Association	Presenter: Laura Kelly Host: Brent Wolfe	Friday 20 th October	3:00 – 4:00 pm EST	The Surging Success of Private Practice in Recreational Therapy Across the USA
DTAJ Diversional Therapy Association of Japan	Presenter: Shingo Eguchi Host: Takako Serizawa	Monday 23 rd October	10:00 – 11:00 am JST	Practice of “Eating, Sleeping, Playing” based on Diversional Therapy at a respite center in Japan.
NAPA National Activity Providers Association	Presenter: Asa Johnson Host: Hilary Woodhead	Wednesday 25 th October	2:00 – 3:00 pm BST	Live With Purpose: The Zest Programme
Global Panel	Moderator: Charlise Bennett All Organisations Leaders	Monday 30 th / Tuesday 31 st October	Canada / Mon, 30 Oct/4:30 p.m. MDT USA / Mon, 30 Oct/5:30 p.m. CDT USA / Mon, 30 Oct/6:30 p.m. EDT UK/ Mon, 30 Oct/10:30 p.m. GMT Japan / Tue, 31 Oct/ 7:30 a.m. JST Australia / Tue, 31 Oct/ 9:30 a.m. AEDT New Zealand/ Tue, 31 Oct/ 11:30 a.m. NZDT	Therapeutic Recreation on a Global Scale



**Canadian Therapeutic Recreation Association
Developing Standards of Practice in Canada
Lauren Cripps**



Dr. Lauren is the President Elect for CTRA and also editor for the Canadian Journal of Recreation Therapy. As well as been a passionate advocate for the profession she also works at Brook University, where she also completed her PhD.

Her academic interests encompass strengths-based practices in mental health initiatives, the incorporation of evidence-informed processes into mental health programming, the promotion of recovery-oriented practices, and the exploration of innovative designs for mental health programs. Lauren also advocates for the value of evidence-informed practices in Therapeutic Recreation.

Days and times for this session:

Calgary, Canada	Tue, 10 Oct 2023 at 3:00 p.m. MDT
Central Time, CT	Tue, 10 Oct 2023 at 4:00 p.m. CDT
Eastern Time, ET	Tue, 10 Oct 2023 at 5:00 p.m. EDT
London, United Kingdom	Tue, 10 Oct 2023 at 10:00 p.m. BST
Japan Standard Time, JST	Wed, 11 Oct 2023 at 6:00 a.m. JST
Sydney, Australia	Wed, 11 Oct 2023 at 8:00 a.m. AEDT
Auckland, New Zealand	Wed, 11 Oct 2023 at 10:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_yvVsneZ1Ts6tIQi2hrJkcg

After registering, you will receive a confirmation email containing information about joining the webinar.





Australian Recreational Therapy Association Palliative Care in Recreational Therapy: An Australian Perspective Kate Noble

Recreational Therapy and the use of leisure and recreation in Australia have long been associated with the Aged Care industry and the Ageing Population. Over the past 50 years Recreational Therapy practice in Australia has expanded to many environments, including palliative care.

The importance of Recreational Therapy in the palliative process are often overlooked or overshadowed within individuals as they come to terms with their disease process. Without this identification towards leisure and recreational activities, and the roles that they play in our lives, people can start to lose the essence that contributes to their individuality.

This presentation will focus on the scope of Palliative Recreational Therapy practice in Australia. It will highlight the different environments of practice within Australia and showcase the benefits that Recreational Therapy can have in the Palliative Care process. Lastly this presentation will give examples on leisure and recreational interventions and how it helps to bring about a more meaningful life in the Palliative Care sector.

Days and times for this session:

Calgary, Canada
Central Time, CT
Eastern Time, ET
London, United Kingdom
Japan Standard Time, JST
Auckland, New Zealand

Wed, 11 Oct 2023 at 3:00 p.m. MDT
Wed, 11 Oct 2023 at 4:00 p.m. CDT
Wed, 11 Oct 2023 at 5:00 p.m. EDT
Wed, 11 Oct 2023 at 10:00 p.m. BST
Thu, 12 Oct 2023 at 6:00 a.m. JST
Thu, 12 Oct 2023 at 10:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_4mZmQDVETThCGTml7qDc54g

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Australian Recreational Therapy Association Mental Health in Australia Kylie Rice

In 2022, Mental Health Services were included in the redevelopment of Campbelltown Hospital doubling the number of mental health beds. This led to an increase in the workforce, including the number of Diversional Therapists (DT). This presentation will discuss the DT service provision pre and post the redevelopment, the professional development of the Diversional Therapists and the benefits to better patient outcomes.

Kylie Rice graduated from Western Sydney University in 2006 with Bachelor of Health Science (Therapeutic Recreation) and has been working as Diversional Therapist ever since. Kylie worked in Adolescent mental health for 15 years before making the switch to Older Person's mental health earlier this year. Kylie has been involved with ARTA for the last 10 years, holding positions on the board of general board member and president, and is currently the treasurer.

Days and times for this session:

Calgary, Canada	Thu, 12 Oct 2023 at 3:00 p.m. MDT
Central Time, CT	Thu, 12 Oct 2023 at 4:00 p.m. CDT
Eastern Time, ET	Thu, 12 Oct 2023 at 5:00 p.m. EDT
London, United Kingdom	Thu, 12 Oct 2023 at 10:00 p.m. BST
Japan Standard Time, JST	Fri, 13 Oct 2023 at 6:00 a.m. JST
Auckland, New Zealand	Fri, 13 Oct 2023 at 10:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_IrrbMPt9TdeuouLumdRxuQ

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New Zealand Society of Diversional and Recreational Therapy Visual Brain Stimulation AJ Aledron



Aj is the Programme Leader for the Diversional and Recreational Therapy programme at Sound Care Group, leads the Certificate in Diversional Therapy and Community Health programme at Kauri Academy, and serves as the Director and Master Coach at Brain Champ NZ. He is the Treasurer and Webmaster of the New Zealand Society of Diversional and Recreational Therapist (NZSDRT), and also wears the hat of a registered financial adviser. He takes immense pride in considering himself a full-time father of a toddler and a new born. Happily married for 25 years to his best friend, SHEIK, AJ is blessed with his treasured Tamariki (children), Arrow and Axe, who also loves everything about Diversional and Recreational Therapy.

Visual Brain Stimulation! - Unlock the Full Power of Your Mind

Aj will discuss how Visual Brain Stimulation is utilised in New Zealand. Brain Champ NZ is revolutionizing the way you learn. Visual Brain Stimulation programme is your ticket to cognitive mastery, and it all starts with the ground-breaking Power Memory System. Using visual brain techniques, you can achieve the ability to effortlessly store, retain, and recall information, all while enjoying a stress-free learning experience. This programme isn't just about memorization; it's about rediscovering the joy of learning.

Days and times for this session:

Calgary, Canada	Sun, 15 Oct 2023 at 5:00 p.m. MDT
Central Time, CT	Sun, 15 Oct 2023 at 6:00 p.m. CDT
Eastern Time, ET	Sun, 15 Oct 2023 at 7:00 p.m. EDT
London, United Kingdom	Mon, 16 Oct 2023 at 12:00 Midn BST
Japan Standard Time, JST	Mon, 16 Oct 2023 at 8:00 a.m. JST
Sydney, Australia	Mon, 16 Oct 2023 at 10:00 a.m. AEDT
Auckland, New Zealand	Mon, 16 Oct 2023 at 12:00 Noon NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_v4tGDjA-QyCD6rpsUUWuJg

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National Association of Activity Professionals What's Really Important? A Dissertation Summary Hayley Moseley



In Dr. Moseley's recent Delphi study, she asked a committee of U.S. experts in long-term care activity programs to identify and rank elements for evaluating a long-term care activity program. They analysed the existing Critical Element Pathway form from the Department of Health and Human Services and added other elements that seemed to be missing. From these results, Dr. Moseley has created a checklist to help surveyors, activity professionals, and consultants evaluate activity programs in long-term care. Secondly, the current study asked experts in long-term care activity programs to identify leadership traits necessary for activity professionals. Flexibility, communication, and collaboration were the most important traits as identified by the experts.

Days and times for this session:

Calgary, Canada
Central Time, CT
Eastern Time, ET
London, United Kingdom
Japan Standard Time, JST
Sydney, Australia
Auckland, New Zealand

Wed, 18 Oct 2023 at 11:00 a.m. MDT
Wed, 18 Oct 2023 at 12:00 Noon CDT
Wed, 18 Oct 2023 at 1:00 p.m. EDT
Wed, 18 Oct 2023 at 6:00 p.m. BST
Thu, 19 Oct 2023 at 2:00 a.m. JST
Thu, 19 Oct 2023 at 4:00 a.m. AEDT
Thu, 19 Oct 2023 at 6:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_D6fa5Wa8Q-mT2YC_uWxWzQ

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American Therapeutic Recreation Association

The Surging Success of Private Practice in Recreational Therapy Across the USA

Laura Kelly

Laure is a Certified Therapeutic Recreation Specialist with over a decade of experience developing Recreational Therapy programs in the healthcare and aging industries. She founded EmpoweRT to expand the reach of this therapy and provide creative, therapeutic solutions to diverse health and aging challenges. She is honored to fulfill a larger calling to serve as a vehicle of empowerment and hope for adults aged 50+.

Discover how Recreational Therapists are reshaping the healthcare landscape and making a profound impact on their clients' lives through private practice. Explore the trends, challenges, and inspiring stories of how these dedicated professionals are bridging clinical and community needs across the United States.

Days and times for this session:

Calgary, Canada	Fri, 20 Oct 2023 at 1:00 p.m. MDT
Central Time, CT	Fri, 20 Oct 2023 at 2:00 p.m. CDT
Eastern Time, ET	Fri, 20 Oct 2023 at 3:00 p.m. EDT
London, United Kingdom	Fri, 20 Oct 2023 at 8:00 p.m. BST
Japan Standard Time, JST	Sat, 21 Oct 2023 at 4:00 a.m. JST
Sydney, Australia	Sat, 21 Oct 2023 at 6:00 a.m. AEDT
Auckland, New Zealand	Sat, 21 Oct 2023 at 8:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_jNa-EEGMQZGTYU1F6fAhpg

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Diversional Therapy Association of Japan Practice of “Eating, Sleeping, playing” based on Diversional Therapy at a day respite center in Japan by Shingo Eguchi

Shingo Eguchi is currently the Managing Director of a day respite center and a home care service. He majored in Social Work and Psychology at a university in Georgia, USA. He interned at Independence for Living in Berkeley, California, and was deeply impressed by how energetic people with disabilities were working and enjoying their daily lives. During his work in a large nursing care home he had to constantly interact with about 50 older people, and care was work-oriented.

He will talk about how after he encountered Takako Serizawa (DTAJ President), and was impressed by DT's philosophy and practice, and how this led him to obtain the DT worker Certification, and began to work on building relationships with older people by using fun. He established a small-scale day respite center for about 15 older people in November 2019. In the midst of the COVID-19 pandemic, he also initiated a home care service in 2020. Believing that having something fun every day is the best prevention of infection in the COVID-19 pandemic, he has been working on daily recreation and activities under restrictions. He also utilizes local resources and actively goes out so that older people remain engaged with the community. He likes to spend time with his beloved wife and two daughters. His wife is also a DT worker. He is currently studying to obtain a massage qualification.

Days and times for this session:

Calgary, Canada	Sun, 22 Oct 2023 at 7:00 p.m. MDT
Central Time, CT	Sun, 22 Oct 2023 at 8:00 p.m. CDT
Eastern Time, ET	Sun, 22 Oct 2023 at 9:00 p.m. EDT
London, United Kingdom	Mon, 23 Oct 2023 at 2:00 a.m. BST
Japan Standard Time, JST	Mon, 23 Oct 2023 at 10:00 a.m. JST
Sydney, Australia	Mon, 23 Oct 2023 at 12:00 Noon AEDT
Auckland, New Zealand	Mon, 23 Oct 2023 at 2:00 p.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_9up305KTQRmCMFlmAzhWrg

After registering, you will receive a confirmation email containing information about joining the webinar.

National Activity Providers Association
Live with Purpose: The Zest Program
Asa Johnson



Asa Johnson is National Service Improvement Manager for Anchor care homes, joining the organisation in March 2021, having previously worked for them for 7 years. He manages a team that support Anchor's 120 care homes with lifestyle and activity, specialist dementia care, dining and nutrition, and housekeeping, identifying enhancement areas and rolling out national initiatives. He also worked for Sunrise Senior Living for 3 years, leading their 'Live with Purpose' strategy.

Asa will talk about Anchor's approach in the UK to activity and engagement and specifically the organizational roll out of the Zest programme, process, lessons learned.

Days and times for this session:

Calgary, Canada	Wed, 25 Oct 2023 at 7:00 a.m. MDT
Central Time, CT	Wed, 25 Oct 2023 at 8:00 a.m. CDT
Eastern Time, ET	Wed, 25 Oct 2023 at 9:00 a.m. EDT
London, United Kingdom	Wed, 25 Oct 2023 at 2:00 p.m. BST
Japan Standard Time, JST	Wed, 25 Oct 2023 at 10:00 p.m. JST
Sydney, Australia	Thu, 26 Oct 2023 at 12:00 Midn AEDT
Auckland, New Zealand	Thu, 26 Oct 2023 at 2:00 a.m. NZDT

Register in advance for this webinar:

https://us02web.zoom.us/webinar/register/WN_9PPCCwvKQVakjwA9ff12Mw

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Global Panel:

Therapeutic Recreation on a Global Scale: An Open Discussion

Moderator: Charlise

Panel Members: Glenn (Canada), Orquidea (New Zealand), Colleen (United States), Hilary (United Kingdom), Brent (United States), Takako (Japan) & Renee (Australia).

The format for this session will be Zoom Meeting.

Please remain on Mute unless you are asking a question or making a comment.

Please ensure you have a camera and microphone available to interact with the panel.

This panel is an opportunity for people:

- 1) To ask questions to any panel members about the possibilities and opportunities across countries
- 2) To share your ideas
- 3) To provide feedback
- 4) To meet like-minded people
- 5) To join a special group of recreation professionals from across the globe
- 6) To learn more
- 7) To enhance your curiosity

Days and times for this session:

Calgary, Canada

Central Time, CT

Eastern Time, ET

London, United Kingdom

Japan Standard Time, JST

Sydney, Australia

Auckland, New Zealand

Mon, 30 Oct 2023 at 4:30 p.m. MDT

Mon, 30 Oct 2023 at 5:30 p.m. CDT

Mon, 30 Oct 2023 at 6:30 p.m. EDT

Mon, 30 Oct 2023 at 10:30 p.m. GMT

Tue, 31 Oct 2023 at 7:30 a.m. JST

Tue, 31 Oct 2023 at 9:30 a.m. AEDT

Tue, 31 Oct 2023 at 11:30 a.m. NZDT

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZYod-6srDspGN3DyeMWmoWPDn9VHIEJ6ZHI>

After registering, you will receive a confirmation email containing information about joining the meeting.

